

Barren County 4-H Clover Bits

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4-H YOUTH DEVELOPMENT



March 2007

4-H AG Exploration Day

The UK/WKU 4-H AG Exploration Day will be held on **Thursday, May 10 at the WKU AG Expo Center in Bowling Green.** This is an exciting opportunity for you to participate in a day of hands-on learning activities. The Registration will be 8:45– 9:15 a.m.; Orientation will begin at 9:15; Workshops 9:30– 11:55 and Exhibits and Lunch 12:00– 12:45; Conclude by 1:00 p.m. We will be offering four tracks in which you will spend the entire day within the track that you chose and will rotate from one session to the next..

- ◆ The AG Track will include sessions on Know Your Chemicals, ATV Safety, Veterinary Science, Poultry and Horse.
- ◆ The Environmental Track sessions will include Water Works, GPS, Forestry Fun, Digging In The Soil, and Wildlife.
- ◆ The Livestock Track will include livestock judging and a livestock Skill-A-Thon.
- ◆ The Multi-County Tractor Driving Contest will provide a safety orientation and competition for the compact tractor, junior – age 9-13 and senior, age 14-18 and tractor driving, junior – age 12-13 and senior, age 14-18. The champions from the compact tractor and tractor driving competition will compete at the state competition at the Ky. State Fair in August. (You will need to provide transportation to AG Exploration Day as

The AG Exploration Day is being sponsored by the Mammoth Cave 4-H Advisory Board and Hartland Equipment. Each participant will receive lunch and a T-shirt. The cost is \$8.00 for 4-H'ers, teens and adults. Barren County will be offering transportation by bus for its participants. Thank-you to our sponsor the Glasgow Animal Clinic.

If you will be riding the bus, the cost will be \$10.00. **Registration forms are enclosed. Money and forms must be returned to the Office by Wednesday, March 28.** We are limited to the first 50 participants – everyone after that will be on a waiting list. Get your form in early!!!



4-H AG Exploration Day

- ◆ **Thursday, May 10**
- ◆ WKU AG Expo Center
- ◆ 9:15 a.m.– 1:00 p.m.
- ◆ Registration Fee -\$8.00 (includes T-shirt & Lunch) IF riding bus cost is \$10.00
- ◆ AG Track, Environmental Track, Livestock Track, Tractor Driving Contest, Exhibits
- ◆ **Forms due by March 28**

Special points of interest:

- ◆ *4-H AG Exploration Day*
- ◆ *4-H Talk Meet & Demonstrations*
- ◆ *Cooking with Paula Deen!!!*
- ◆ *4-H Fashion Revue and Variety Show*
- ◆ *4-H Poster Art Contest*
- ◆ *4-H Deadlines!!!*

4-H Talk Meet and Demonstrations Contest



The Barren County 4-H Talk Meet and Demonstration Contests will be held on Monday, March 26 at 6:00 p.m. at Barren County High School. If you have not registered please contact the office today!

The Multi-County 4-H Talk Meet and Demonstration Contest will be held on Monday, April 16 at Barren County High School beginning at 6:00 p.m..

Assistance will be needed from adults and teens with set-up, host and hostess, serving refreshments, room leaders and judges. If you would like to volunteer, please call the Office. This is a great opportunity for 4-H Teen Leaders to get points on their bronze, silver or gold 4-H Honors Awards.



PaulaDeen.com
Best Dishes from My Kitchen to Yours!

Cooking With Paula Deen!

The Kentucky 4-H Foundation is pleased to announce that Paula Deen, Celebrity Chef, will be celebrating Kentucky 4-H with a show on Saturday, July 14 at the Northern Kentucky Convention Center in Covington, KY. Paula Deen will be sharing some of her cooking secrets as she prepares some of her favorite recipes. The doors will open at 1:00 p.m., in which the audience can enjoy a concert series and Kentucky products. At 2:30 a live auction and the show will begin. The celebration should conclude by 5:00.

You may purchase your tickets by contacting the Barren County Extension Office until April 1. This will provide you with an opportunity to get premiere seating. The ticket prices range from \$60, \$100, \$125 and \$150. Tickets and block seating will be handled on a first-come, first-serve basis. After April 1, the remainder of the tickets will be released to the general public with no guarantee of seating preference. All of the proceeds will go to the Kentucky 4-H Foundation.

Peanut Butter Brownie Cupcakes

1 18 1/2-ounce package Chewy Fudge Brownie mix
1 12-ounce package peanut butter chips or 24 miniature peanut butter cups

Preheat oven to 350 degrees. Line 24 muffin cups with paper cupcake liners.

Prepare the brownie mix according to package directions for cake like brownies. Fill the cups half full with brownie batter. Place about 1 tablespoon peanut butter chips in the center of the batter OR press 1 peanut butter cup into the batter in each muffin cup until the batter meets the top edge of the peanut butter cup.

Bake for 18-20 minutes, until the cupcakes are set. When they can be handled safely remove them from the muffin tins and let cool completely on wire racks. Store in airtight containers.

Recipe courtesy of Paula Deen.

KY 4-H'ers Cooking with Paula Deen Contest!

You could be one of the KY 4-H'ers who helps Celebrity Chef, Paula Deen!

A contest is being held to determine the three KY 4-H members who will appear on stage and help Paula Deen on July 14 in Covington. To enter you create your own video that meets the following criteria:

- √ 1-2 minute segment on "4-H Has Impacted my Life by..."
- √ 3-5 minute segment on "In the Kitchen.." (prepare a simple, short recipe)
- √ 1-2 minute segment on "Why I want to be ON-Stage with Paula Deen..."

All entries MUST be received

before midnight on April 7 to the State 4-H Office.

Details and forms are available at the Barren Co. Extension Office.



Second Helpings– 4-H Favorites Cookbook



We need YOUR recipes for the "Second Helpings– 4-H Favorites Cookbook." Barren

county will join other counties in printing a NEW cookbook. You may submit recipes in the following categories:

- ◆ Appetizers & Beverages

- ◆ Soups & Salads
- ◆ Vegetables & Side Dishes
- ◆ Main Dishes
- ◆ Breads & Rolls
- ◆ Desserts
- ◆ Cookies & Candy
- ◆ This & That

Be sure to include ingredient size (24 oz. can, etc) and pan

size (9x12, etc.) when submitting your recipes. Include all ingredients in order of use, include name of ingredients in directions and put in paragraph form. Please ask family members and friends to contribute recipes. **We need at least 100 recipes from Barren County by May 1.** All proceeds will go to the 4-H Scholarship program.

Important Livestock & Dairy Reminders!

Mark your calendars for a FREE showmanship clinic on Thursday, April 5 at 6:00 p.m. at the WKU AG Expo Center!

The WKU Block and Bridle, Collegiate 4-H and Collegiate FFA Clubs are sponsoring this clinic. The clinic is open to all ages and experience levels.

FREE dinner will be offered to everyone! The college students will provide showmanship

techniques for beef, sheep, swine, goats and horses! This is a hands on clinic. **If you plan to attend, please call the Barren County Extension Office by March 30.** This will be a great time to sharpen your showmanship skills before you hit the show ring!

Reminders- All youth planning to show a breeding animal (beef, sheep, swine,

goat, dairy) must have the animal registered in the child's name no later than June 1. **Everyone MUST complete 6 hours of education from a certified volunteer!**

All market steers must be validated by March 31.

All lambs, goats and hogs must be validated by May 31.

4-H Horse Lovers

- ▶ All 4-H'ers must declare their 4-H project horses or their lease/loan contract horses by May 1 to the Barren County Extension Office.
- ▶ South Central KY 4-H Horse Camp is scheduled for April 13-15 at the L.D. Brown Ag Expo Center in Bowling Green. Early bird registration deadline is March 28. (After March 28 the fee will increase by \$15- no one accepted after April 4). Instruction will be given in Walking/Racking, Gaited, Western, Contest, Hunter and Horse Lovers (no horse!). Forms available at the Office.
- ▶ District 6 North 4-H Horse Camp will be held May 4-6 in Sturgis. Registration deadline is March 30. Forms are available at the Office.
- ▶ District 6 4-H Horse Judging Contest (Non-Qualifying) will be held on Tuesday, April 17 at the Equine Complex in Bowling Green. The contest will begin with registration at 9:00 a.m. Juniors will be done at noon. Seniors will give reasons after lunch. Please register by calling the Office by March 30.
- ▶ The State Special Events Team Penning will be held on May 26 at the LD Brown AG Expo Center in Bowling Green. You must register by May 15.



- ▶ The District 6 4-H Horse Shows will be held at the LD Brown AG Expo Center and Equine Complex in Bowling Green on June 4 and June 6.

June 4– Western Division in Equine Complex

June 4– Contest Division in AG Expo Center

June 6– Walking/Racking/English, Miniature and Hunter Divisions in AG Expo Center.

4-H Dog Camp

The State 4-H Dog Camp will be held May 18-20 at Feltner 4-H Camp in London, KY.

The on-line registration holds a spot until April 27 when all forms and money are due to the State 4-H Office. The cost is \$65.00/person. Registration is limited to the first



150 campers-adults and youth; all additional applications will be placed on a waiting list. The registration is electronic but a copy of the completed form must be printed before clicking submit. 4-H'ers and their dogs will work together to prepare for show season. Call the Office for more info.

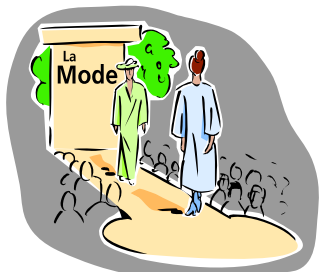
4-H Golf Scramble

Time to Tee Off for 4-H!!! The 2nd Annual 4-H Scholarship Golf Scramble will be held on Saturday, April 21 at The Trace at Bay's Fork Golf Course in Alvaton, KY. A shotgun start will begin at 7:30 a.m. Individual entry

fees are \$60 which includes green fees, lunch, drinks and door prizes. We need lots of teams to get registered by the April 16 deadline. We also need sponsorships. If someone is interested, please contact the Office!

4-H Variety Show & Fashion Revue

The Barren County 4-H Variety Show and Fashion Revue will be held on Thursday, May 3 beginning at 6:30 p.m. at the Barren County High School Auditorium.



4-H Fashion Revue-

The 4-H Fashion Revue will feature the following categories:

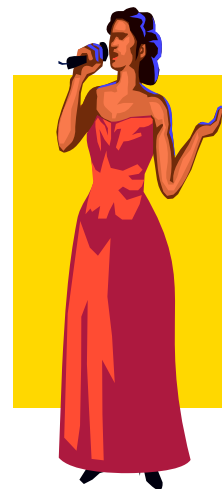
- ◆ **Sewing**– All junior and senior categories garment requirements are listed in the 4-H Sewing project books. This includes the clothing and non-clothing items. Patterns and details are available at the Office.
- ◆ **Needlework**- Any item that may be worn from the Crochet, Embroidery, Lacework, Needlepoint and Quilting Categories. Project information is available at the Office.
- ◆ **Fashion Magic**– Assemble a complete outfit in accordance with the 4-H project book. Garments may be purchased, in your existing wardrobe, a gift or sewn by someone else.
- ◆ **Decorated Sweatshirt or T-shirt**– The shirt must be decorated by the member. The type of decoration used can include paint, ribbon, buttons, rhinestones, fabric, etc.
- ◆ **Attention Senior 4-H'ers**- The champion senior 4-H members (age 14-18) from each of the construction categories (Let's be Casual, Dress it Up, Match it Up, Creative Expressions, Leisure Time, Formal Affair, Tailor Made, Wearable Art), and one senior in each of the Fashion Magic categories (Wardrobe Planning, In the Marketplace, Clothing Coordination and one senior in each of the Needlework categories (Crochet, Embroidery, Lacework, Needlepoint and Quilting) can advance to the State 4-H Fashion Revue to be held June 11-14 in Lexington.

All garments need to be brought to the Barren County Extension Office for construction judging by Wednesday, April 25. All participants must complete a description of their item for the script.

4-H Variety Show-

The rules for club and specialty acts are :

- ◆ **Time limit for club acts is 8 minutes. Time limit for specialty act is 4 minutes.** Any act going over the time limit will not be considered for champion.
- ◆ **Time limit for setup and take down of props is 10 minutes total** (any act exceeding the time limit will not be considered for champion).
- ◆ **A specialty act can consist of no more than four 4-H members.** Dramatic readings can be entered in competition.
- ◆ Only one person other than the 4-H participants may accompany the act. (Example– pianist)
- ◆ Only 4-H participants may appear on the stage during a performance.



Register your club and specialty acts by Wednesday, April 25 by calling the Office.

4-H Poster Art Contest

It is time for the Barren County 4-H Poster Contest!

Get out your poster board and watercolor, ink, crayon, acrylic, charcoal, oil, or collage and your *imagination* and begin drawing! All posters must be designed on or affixed to standard poster board of 14"x22" dimensions (1/2 of a standard poster board). Posters may be horizontal or vertical

but may not be 3-dimensional. **Theme: 4-H!** (of course!) You may show what 4-H is, what



4-H'ers do or how it helps others...use your *imagination!*

The posters will be judged according to your age as of January 1, 2007. One champion will advance to the multi-county competition in the following age divisions: Cloverbud (under age 9), 9, 10, 11, 12, 13, 14-18 year olds. **The posters are due to the Office by Tuesday, May 1.**

4-H Camp Time!!!!

It is almost time for 4-H Camp– May 29– June 1, 2007. Barren County will be camping with Hart, Monroe, Edmonson and Union Counties. A new addition this year will be a horse class. Yes! At 4-H camp!!! The camp fee will be \$150 which includes transportation, food lodging and a lot of FUN!!! If you enjoy swimming, crafts, riflery, archery, fishing, nature, boating, basketball, volleyball, recrea-

tion, new friends, dancing, games and a lot more– then 4-H camp is for **YOU!!!**

Teens and Adults are needed as counselors!

Teens who are interested in serving as junior counselors may submit a resume of your leadership experiences to the Office. Adults must have a background check on file at the Office. Teens and adults with experience are needed to assist with the horse program!

Paula's Place

Spring has sprung and 4-H is getting in high gear ...so fasten your seatbelts and enjoy the ride!!! We have many different events so mark your calendars today and plan to participate! Some of the programs have limited attendance so call your name in early to secure your spot!!! If you have any



questions about the information in the newsletter or any 4-H questions, please contact me at the Barren County Extension Office at 1463 West Main Street in Glasgow or call (270) 651-3818 or visit www.barrencounty4h.org .

Paula Tarry
Barren County Extension Agent
For 4-H Youth Development

A handwritten signature in black ink that reads "Paula Tarry".